

Southern Illinois Al-Anon Family Groups Area 16
Winter 2017
News-O-Gram

**Area World Service Committee (SIAWSC)
Meeting**

Saturday March 4, 2017 – 9:00am
Registration at 8:30am

Area Assembly (SIAFG) Meeting

Saturday March 4, 2017 – 12:30pm

Both meetings are held at:

Memorial Medical Center
Room 229
Springfield, IL



Directions to meeting room D229

Park as you have been in Doctor's lot (remember not to park in the ER/OB GYN spot) other spaces are okay. Take the elevators on the north side instead. Take it to first floor and get off and walk through walkway into hospital -as you are coming in will see the Garden elevators. Go up to 2nd floor. Getting off, turn right and go into the north D section which is SIU offices and the room D228 and D229 will be right on the right.

OFFICER AND COORDINATOR REPORTS

Chairperson – Rowena A.

A short note from your new chairperson.

I am looking forward to being the new chairperson and serving the Area in all that we do or needs to be done to make Area Assembly meetings fun and productive.

If you have something that needs to be on the agenda, please contact me by February 11, 2017.

We still have three coordinator positions open: By-laws, Public Outreach, and News-O-Gram. Please search your heart and consider a great opportunity to do some service work for your Area

Your Chairperson,
Rowena Altic

Treasurer – Carol W.

Southern Illinois Area Treasurers Report

Hello, I would like to introduce myself. I am Carol W., your new Area Treasurer. I am from District 14. I want to thank Helen B. for all her support and know I will have many more questions in the coming months. I have received contributions and expect that receipts will be mailed by the end of January.

Please see the contribution form on the next page.

On behalf of our Area Assembly, I thank you for your contributions. It is because of your support we can continue to carry the message to others.

I look forward to working with all of you.

Yours in Recovery,
Carol W., Area Treasurer

GROUPS DONATING AUGUST THRU DECEMBER

GROUP NAME	DIST.	GROUP ID	GROUP NAME	DIST.	GROUP ID
District 10	10	99738	Highland Friday Night AFG	18	25607
Saturday Morning Serenity Seekers AFG	10	25455	Monday Night Elm Street AFG	18	003451
Tuesday Afternoon AFG	10	3495	The Monday Night Serenity AFG	18	26501
Beginners AFG	11	3703	Thursday Night Edwardsville AFG	18	30528380
District 11	11		Troy Joy AFG	18	63747
Mt Zion Born Free AFG	11	3948	Wed. Night Hopeful Serenity Seekers AFG	18	034856
Sunday Night Steppers AFG	11	40272	Fri. Night Experience Strength & Hope AFG	19	30564695
Tuesday Night Serenity Seekers AFG	11	3701	Keep It Simple AFG	19	48115
Blues Buster AFG	12	49550	Wednesday Butterfly AFG	19	0042664
Monday Morning AFG	12	24161	Wednesday Noon Happiness Is AFG	19	04811
Step By Step AFG	12		A New Beginning AFG	20	004023
Tuesday New Lease on Life (Savoy)	12	004088	Friday Morning AFG	20	30790
Discovering Freedom AFG	14		Wednesday Morning Glories AFG	20	0004022
District 14 AFG	14	30600976	New Focus AFG	10	61609
Sparta Happy Hour AFG	14	30637849	Monday Hilltop AFG	20	0004020
Edwardsville Fundamentals of Recovery AFG	18	30584718			

See following page for: SOUTHERN ILLINOIS AREA CONTRIBUTION FORM

SOUTHERN ILLINOIS AREA CONTRIBUTION FORM

Group Name	_____	Group ID#	_____
Contact Person	_____	District	_____
Street Address	_____	Amount	_____
City and State	_____	Check #	_____
Zip Code	_____		
Phone Number (if applicable)	_____		

**Please Make Check or Money Order to:
SIAFG**

**Send to:
Carol Wielgus
1000 Bethel Mine Rd.
Caseyville IL 62232
(618) 304-4672**

SOUTHERN ILLINOIS AREA CONTRIBUTION FORM

Group Name	_____	Group ID#	_____
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1000 Bethel Mine Rd.
Caseyville IL 62232
(618) 304-4672**

Forum/Literature Coordinator – Marge E.

Hi and happy New Year to all.

My name is Marge E. and I am the new Forum/Literature Coordinator for the Southern IL Area.

I am a big fan of our Al-Anon Conference Approved Literature (CAL). I will be sharing information and articles about our CAL in the News-O-Gram. Below is an article from the January 2017 issue of The Forum, which is the monthly magazine of The Al-Anon Family Groups. Online at <http://www.al-anon.org/the-forum-magazine> you can read 2 more articles from this month's issue. And for \$11, you can order your own Forum, which you will receive monthly in the mail for 1 year. I recall many times reading my Forum cover to cover the day it arrived in my mailbox. The stories were comforting, informative, and hopeful.

From the January 2017 Forum:

I stepped off the 'worry bus'

Back when my son was in high school, providing me with a multitude of avenues filled with worry, I used to spend a lot of time on what I called the "worry bus." It was quite large and could hold a lot of family and friends.

It had a destination banner in the front that could be changed in a second. We would all pile in and discuss the destination. A first destination might be "Will he die or get thrown in jail?" and we would all discuss it with much distress.

When he would get apprehended for some offense, the destination banner would immediately switch to "Will he make his court date?" to "Will he comply with the judge's decision?" and eventually to "Will he survive jail?"

The bus was never late, and there was always another if I happened to miss the first one. After some time in Al-Anon, I came to a better understanding of what "detaching with love" meant. At one point, I refused to board the bus. Friends and relatives leaned out the windows aghast. "Have you given up on your son?" "What's wrong with you?" I, however, felt more loving and supportive of my son than I could ever remember. I had a clarity and faith that I could deal with, one revelation at a time.

Without the constant worry, I felt my love was not diluted by strings and expectations. Rather, my love was stronger with detachment. It became visible and a more valuable gift to my son than worry.

By Kirk F., Florida

The Forum, January 2017

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News-O-Gram Coordinator – OPEN

As your interim *News-O-Gram* Coordinator I would like to thank all who submitted information for this Winter issue of the *News-O-Gram*. Congratulations to the many Area, District, and Group, elected and appointed, Officers, Coordinators, and Representatives. With so many changes, effective late 2016 and early 2017 it will take some time for all of us to have some idea what we are to do when. Experience tells me that with encouragement and mentoring from all of us, those new to their service positions, will be filling the pages of the Spring 2017 *News-O-Gram* with exciting news and information from all of Southern Area AFG.

Deadline for next News-O-Gram is May 10th. Please submit *News-O-Gram* information to siafgnog.org@gmail.com .

Peace and Serenity,

Jan T. Interim News-O-Gram Coordinator

DISTRICT REPORTS

District 11 -

See attached flyer Al-Anon District 11 Spring Workshop being held March 24 & 25 in Decatur.

District 14 -

District 14 is get ready for our Spring workshop to be held April 1st. This will be a 4th step study using the *Blueprint for Progress*. We'll have a skit and rotation style groups for sharing. Plus, grazing of food all day!

This format was a hit last year, so if you can make it, come on down!

Flyers will be available on the website, at the next meeting, and a copy is included with this *News-O-Gram*.

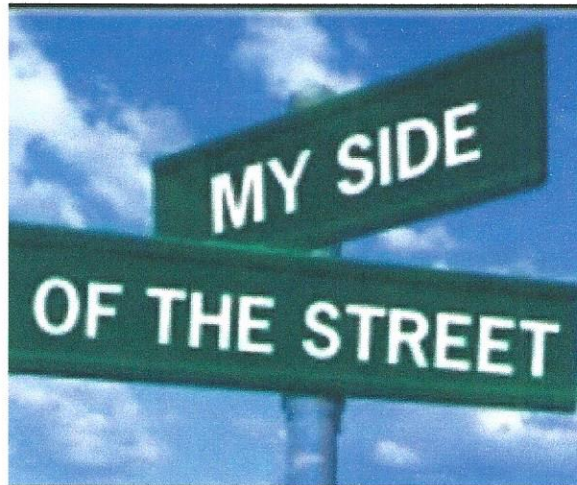
That's all for this time, look forward to seeing you all in March!

In Serenity

Cheryl, DR District 14

Al-Anon District 11 Spring Workshop

(with AA Participation)



Speakers:

Bo and Shirley T. from Alabama

When:

March 24 & 25, 2017

Where:

First Church of the Nazarene

1177 W Hickory Point Rd, Decatur IL 62526

Friday, March 24, 2016

6:30 pm Registration
7:00 pm AA Speaker, Shirley T.
8:30 pm Dessert bar and
fellowship



Saturday, March 25, 2016

8:00 am Registration & Continental Breakfast
Al-anon Speaker: Bo T.
Lunch: To be provided
Panel: Al-Anon & AA
Al-anon Speaker: Bo T.
2:30 pm raffle and wrap-up

For more information contact: Betsy C at 217-898-7670 or Jackie L at 217-521-1482

See back for directions to church and hotels.

Name: _____

Friday Night Only \$10 _____

Address: _____

Saturday Only \$15 _____

Phone: _____

Complete Workshop \$20 _____

E-mail: _____

Mail form to: AFG District 11 – Spring Workshop
PO Box 3223
Decatur, IL 62526

AFG AA

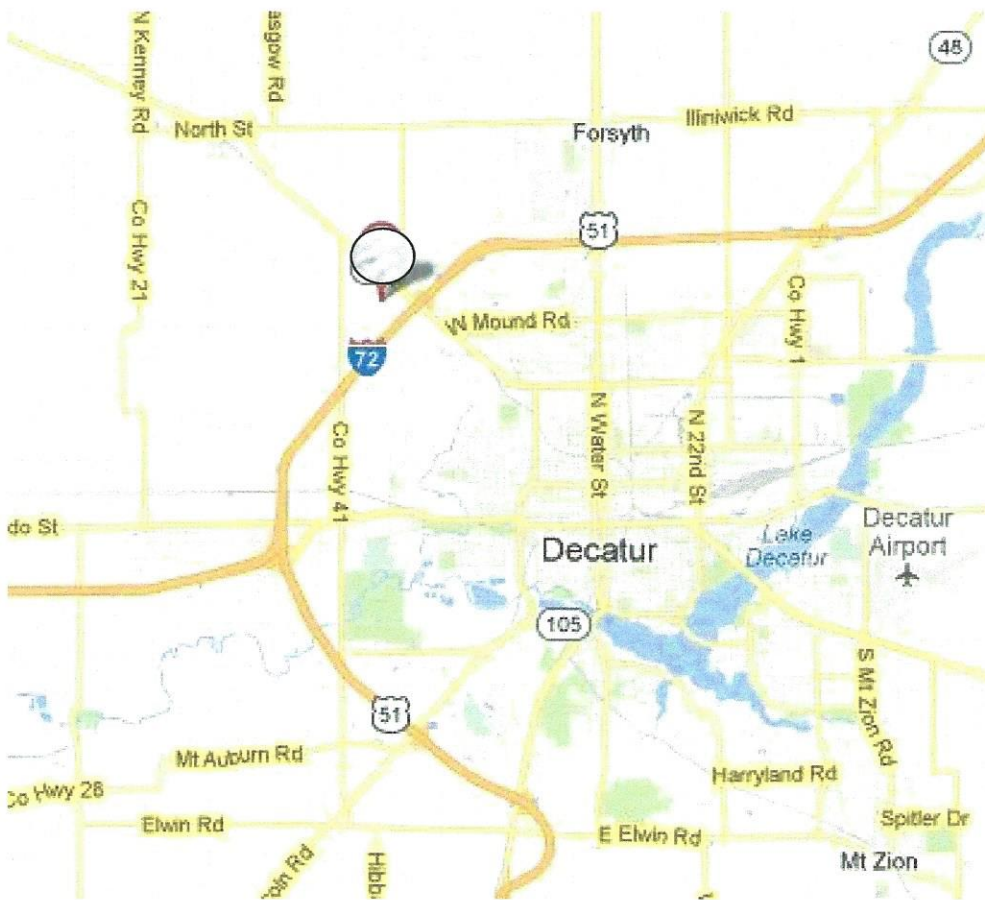
One person per registration form please

Hotel Information

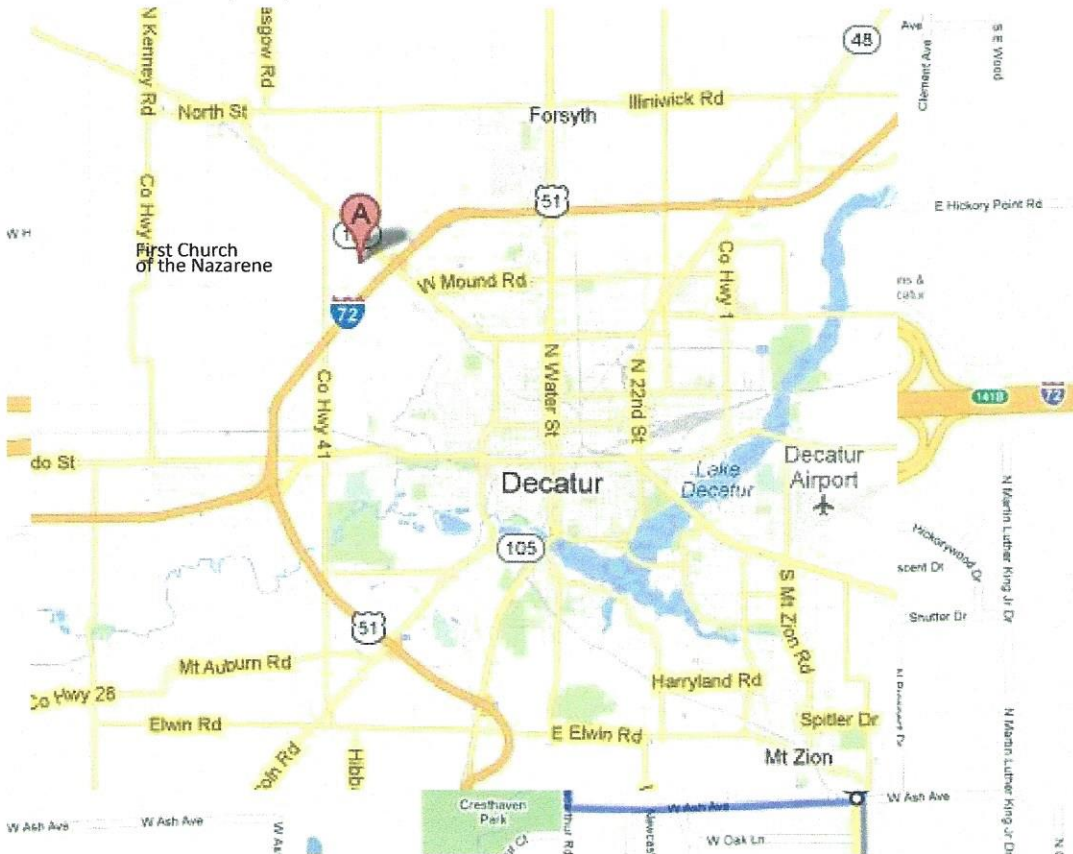
Fairfield Inn 217-875-3337

Hampton Inn 217-877-5577

Both are located on West Hickory Point Rd.



Insert for the City map above.



Coming from US51 South you can turn left on Ash Ave (Walgreens & Walmart on the right)

Coming from US 51 North you can turn right onto Barnett Ave (Cheddars and Applebee's are on the right) Make a left turn behind Cheddars onto W Hickory Point Rd

Coming from I72 East or West take the Exit for North US 51 Turn Left onto Barnett Ave (Cheddars and Applebee's are on the left) Make a left turn behind Cheddars onto W Hickory Point Rd

Tending Our Inner Garden

Al-Anon 4th Step Workshop

Presented by Al-Anon District 14

April 1st, 2017

Registration:

9:00am - 9:30am

Plant Raffle

Workshop 9:30am - 2:00pm

Caldwell Banker Brown Realtors

1930 Lebanon Ave.

Belleville, IL

Skit

Finger Food
Appreciated

\$5.00 Donation
Suggested

Food Grazing



**Breakout
Sessions**

2017-2019 Southern Illinois Area World Service Committee (SIAWSC) Members

Updated – 1/2/2017

SIAFG Officers

Delegate

siafgdelegate@gmail.com

Tim Elliott

202 Birch St.

Hillsboro, IL 62049

217-532-5433

mrtimbo@consolidated.net

Alternate Delegate

Cheryl Newman

31 Irene Drive

Belleville, IL 62226

618-210-1325

chmnewman@hotmail.com

Chairperson

Registered Agent

Rowena Altic

2020 Conn Rd.

Hanna City, IL 61536

309-231-2872

roclean1@sbcglobal.net

Group Records Secretary

siafggrprec@gmail.com

Annette Wendler

8 Masnolia

Belleville, IL 62221

618-334-3728

annettewendler@yahoo.com

Recording Secretary

Mary Pirtle

47 Kenton Street

Mackinaw, IL 61755

309-264-4292

mepirtle@yahoo.com

Treasurer

Carol Wielgus

1000 Bethel Mine Rd.

Caseyville, IL 62232

618-304-4672

carolwielgus@hotmail.com

SIAFG Coordinators

Alateen Coordinator

siafg.alateen@gmail.com

Becky Ropp

2036 Ropp Rd.

Normal, IL 61761

309-530-1667

becky@roppcheese.com

Alateen Process Person

Mary Sutton

608 W. Teton Dr.

Peoria, IL 61614

309-691-7073

m.sutton608@yahoo.com

Archives Coordinator

Fern Turpin

706 Taffee St.

Pinckneyville, IL 62274

618-357-8084

By-Laws & Insurance

OPEN

Convention Coordinator

Cathy Blakey

P.O. Box 1038

St. Joseph, IL 61878

217-377-0140

cathy.blakey@yahoo.com

Forum/Literature Coordinator

Marge Evans

1209 Bossler Lane

O'Fallon, IL 62269

618-530-3147

marge.evans@me.com

News-O-Gram Coordinator

siafgnog.org@gmail.com

OPEN

Public Outreach Coordinator

OPEN

Ways & Means Coordinator

Theresa Burton

646 W. Ash Ave.

Decatur, IL 62526

217-620-2349

tmb1008@comcast.net

SIAFG Coordinators (cont)

Webmaster Coordinator

Lyri Merrill

205 S. Virginia Ave.

Belleville, IL 62220

314-780-1699

lyri.merrill@gmail.com

District Representatives

District 10-District Rep.

Becky Ropp

2036 Ropp Rd.

Normal, IL 61761

309-530-1667

becky@roppcheese.com

District 11-District Rep.

Theresa Burton

464 W. Ash Ave

Decatur, IL 62526

217-620-2349

tmb1008@comcast.net

District 12-District Rep.

Jane McClurg

1004 E. Harding Dr., Unite 307

Urbana, IL 61801

217-367-9540

jane.mcclurg@yahoo.com

District 13 – No Contact

District 14-District Rep.

Cheryl Newman

31 Irene Drive

Belleville, IL 62226

618-210-1325

chmnewman@hotmail.com

District 15-Contact

Connie Seibel

3229 S 4th St.

Quincy, IL 62305

217-506-2824

connie.seibel@yahoo.com

2017-2019 Southern Illinois Area World Service Committee (SIAWSC) Members

Updated – 1/2/2017

District Representatives (cont)

District 16-District Rep.

Phyllis Harmening
1115 E. Third
Centralia, IL 62801
618-292-8311
phydon3001@sbcglobal.net

District 17-District Rep.

Julie Williams
1514 S. Division St.
Carterville, IL 62918
wjulie820@yahoo.com

District 18-District Rep.

JoEllyn Patterson
6421 Ash Dr.
Moro, IL 62067
618-799-9735
joellynp@yahoo.com

District 19-District Rep.

Charlene Vollmer
119 White Birch Rd.
Springfield, IL 62712
217-891-2981
charlene.vollmer@gmail.com

District 20-District Rep.

dist.20.siafg@gmail.com
Tory Kleinhans
507 New Castle Dr.
Mackinaw, IL 61755
tkleinhans4@hotmail.com

Board of Directors

Tim Elliott
202 Birch St.
Hillsboro, IL 62049
217-532-5433
mrtimbo@consolidated.com

Rowena Altic
202 Conn Rd.
Hanna City, IL 61536
309-231-2872
roclean2@sbcglobal.com

Board of Directors (cont)

Cathy Straub
408 Notre Dame
Edwardsville, IL 62025
618-659-0608 (h)
618-791-5996 (m)
cathystraub@hotmail.com

Cheryl Newman- Sec.
31 Irene Drive
Belleville, IL 62226
618-210-1325
chmnewman@gmail.com

Past Delegates

*deceased
Marty Swisher (Panel 9, 1969-1971)

MaryBeth Huebner (Panel 12, 1972-1974)

*Martin Dotson,
Marian Evansco (Becker)
(Panel 15, 1975-1977)
80 Echo Drive
Collinsville, IL 62234

Edna Crain (Panel 18, 1978-1980)

Marian Barkerr (Panel 21, 1981-1983)

*Betty French (Panel 24, 1984-1986)

Paralea Russell (Panel 27, 1987-1989)
248 Hickory
Edwardsville, IL 62024
618-656-1636
paralea@sbcglobal.net

Jan Tucker (Panel 30, 1990-1992)
105 Susan Ct.
East Peoria, IL 61611
309-208-5897
janimtucker@gmail.com

*Norma Clayton (Panel 33, 1993-1995)

Past Delegates (cont)

Juanita Chaney (Panel 36, 1996-1998)
5347 Walmsley Rd.
Decatur, IL 62521
217-865-2174

Debbie Helm (Panel 39, 1999-2001)
1344 N. Gulick Ave.
Decatur, IL 62526
217-864-3713

*Pat Rettig (Panel 42, 2002-2004)

Betsy Crang (Panel 45, 2005-2007)
P.O. Box 164
Kenney, IL 61749
217-898-7670
granmax3@gmail.com

*Marcy Myers (Panel 48, 2008-2010)

Cathy Blakey (Panel 51, 2011-2013)
P.O. Box 1038
St. Joseph, IL 61878
217-377-0140
cathy.blakey@yahoo.com

Lyri Merrill (Panel 54, 2014-2016)
205 S. Virginia Ave.
Belleville, IL 62220
314-780-1699
lyri.merrill@gmail.com