

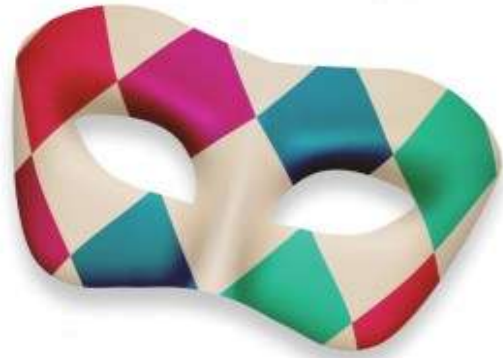
# 2016 Southern Illinois Area Fall News-O-Gram

## Area World Service Committee Meeting

Saturday, Nov. 5, 2016      9:00am  
Registration:                      8:30am

## Area Assembly Meeting

Saturday, Nov. 5, 2016      12:30pm  
Both meetings are held at  
Memorial Medical Center Room 229,  
701 North First Street, Springfield, IL 62781



## Directions to room D229

Park as you have been doing in the Doctors' lot (remember not to park in the ER/OB GYN spot; other spaces are okay). Take the elevators on the north side to first floor; get off and walk through

walkway into hospital. Coming in you will see the Garden elevators; go up to 2nd floor. Getting off the elevator, turn right and go into the north D section. Room D228 and D229 will be on the right.



## **2016 IL State AFG Convention News and Updates**

The 2016 IL State AFG Convention plans are nearly complete. Our last face-to-face committee meeting will be on October 1<sup>st</sup> to finalize the details. Check out the convention website [www.ilstateafgconv.org](http://www.ilstateafgconv.org) for all of the latest details.

## **2016 AFG Convention - Hospitality Room**

We are so excited about the upcoming Convention! The Hospitality Room is getting prepared and we need your help! We are looking for donations to help our Hospitality Room be a great success.

Examples of what is needed: water bottles, mini muffins, mini bagels, donuts, fruit (apples, bananas, grapes, etc.) coffee cakes, chips, chex mix, candy bars, granola bars, cookies, veggies (carrots, celery, peppers, cauliflower, etc.), soda (regular & diet), and/or any homemade delicious treat you would like to provide.

If you would like to make a donation - please contact Peggy M. at [309-339-0842](tel:309-339-0842) or email her at [melie1731@yahoo.com](mailto:melie1731@yahoo.com). We would also be happy to accept cash donations. Your help is greatly appreciated!!

## **2016 AFG Convention - Entertainment Committee**

Hello friends! The convention is soon approaching and we have tons of fun planned for your enjoyment. Zen Tangle, guided meditative life journaling, a photo booth, Serenity Bingo, Al-Anon Trivia, and much more is in our program.

We hope you can find your way to Unmask Your True Self at the Convention in October!!

Cash donations are appreciated to help with the expenses. If you, or your group, or your district would like to make a cash donation to the Entertainment Committee - please contact Jane P. at [309-648-2292](tel:309-648-2292) or email [jane.e.puhl@gmail.com](mailto:jane.e.puhl@gmail.com).

### **Rooms Still Available:**

An additional bloc of 20 rooms for both Friday (10/28) and Saturday (10/29) is available for booking. Rooms are 'suite rooms' and include breakfast & evening snack. Because we are within 90 days of the convention, I could not secure the \$109 price per night. However, I was able to secure \$139 per night, which is way less than the \$209 per night standard rate.

Please call the hotel directly: [309-427-2400](tel:309-427-2400)

These rooms will be available at this price until October 7th – so call today and get it booked! Please mention that you are attending the **2016 Illinois State AFG Convention** at the time you book your room to get the special rate.

**See more Convention Information at the end of the News-O-Gram**



### **Officers' Reports**

#### **From the Delegate: Lyri M.**

As I contemplate the end of my tenure as your delegate to the World Service conference, I am humbled and deeply grateful for the many blessings I have received. Although I struggled at times with my character defects of self-righteousness and perfectionism, my spiritual growth was well worth the occasional frustration of learning to accept the wide diversity of opinions at the WSC. I also have a new appreciation of our slogan *How Important is It?* But the greatest gift was your unfailing love and support. My heart had to grow significantly to receive your outpouring of well wishes. Thank you.

We will hold elections this November for three officer positions: delegate, chairperson, and group records secretary. Please prayerfully consider putting your gratitude for our wonderful AI-Anon program into action by volunteering to serve Southern Illinois in one of these positions. In my experience, when I volunteer to serve AI-Anon, I always receive much more than I can possibly give.

Thank you again for giving me the opportunity to give and receive as your delegate.

Lyri M.

#### **From the Chairperson: Cathy B.**

So we're on the backside of 2016! Seems the older I get, the faster time marches on. I remember when I was younger time seemed like it stood still! I couldn't wait until ..... Now I'm saying, wow, where did the time go? I wish I had more time to ..... [fill in the blank]

Speaking of time, we are getting down to the wire to try and fill our roster for Area Officers by year end. We have three positions filled, and we have three vacant positions remaining: Group Records Secretary, Chairperson, and Delegate. Our current delegate, Lyri M., contacted the WSO and confirmed that any active AI-Anon member who is in good standing, and is not also a member of AA, can hold an officer position (including Delegate) at the Area level. The SIAFG Inc. Area Officer terms officially starts January 1, 2017, and ends on December 31, 2019. So with that said, please pray about it, research your heart, talk to your service

sponsor, or talk to any current officer. Our Area needs fresh ideas and new faces! Dream big ... anything is possible with the right attitude and your Higher Power by your side.

If you are interested in running for any of these positions, the duties / responsibilities for these positions can be found on our website: [www.siafg.org](http://www.siafg.org), in the members' section. There is also some additional information included in our SIAFG, Inc. by-laws and in the 2014-2017 Service Manual. Note that just because there is a 'list' of status-quo duties, doesn't mean you can't put your own personal touch into the mix. We are an ever evolving community for servicing the worldwide fellowship of Al-Anon and Alateen so any tweaking, updating, personalizing is always welcome.

The Coordinator positions are to be appointed by the new Chairperson at any time. Again, these positions are appointed not elected, and any member of Al-Anon, even a dual member (involved in A.A.), can be an SIAFG Inc. coordinator. Those position duties / responsibilities are also on the website. I encourage you to think about a different opportunity if you don't think you're ready for an officer position ... this may be a better option for you.

Hope to see you all at the next SIAWSC and the SIAFG Area Assembly meetings, at Memorial Medical Center in Springfield, IL on Saturday, November 5th. We'll start with registration at 8:30 am that Saturday morning. As always, I will have Mary S. send the meeting agenda about two weeks before the start of the meetings, so if there is something you want me to include in the agenda, please let me know. You can call me or send a text: 217-377-0140, or email: [cathy.blakey@yahoo.com](mailto:cathy.blakey@yahoo.com).

See you in November 2016!

Your Chairperson,  
Cathy Blakey

#### **Group Records Report: Mary S.**

**Annual Updates** – When your group receives the Annual Update, DO NOT SEND to WSO. Send any corrections or that everything is correct to your District and to the SIAFG Group Records Secretary. Please include district # and group name.

**Group Change, Registration, and Making a Group Inactive** – Quick way – go to [siafg.org](http://siafg.org), Members' Area and Quick Links. This will give you the SIAFG Group Records e-mail. Remember that the Group Records Secretary has access and can make changes to WSO records.

#### **Area Treasurer's Report: Helen B.**

My how these 3 years serving as your treasurer has really sped by fast! It has been a privilege as well as a growth for me. I encourage everyone to step out of your comfort zone and serve.

Receiving generous contributions from the groups has shown that Area has the support needed to function. These contributions whether small or large show your groups' willingness to participate. Remember Area needs people to serve and groups to support.

In January I will turn over my position to **Carol W.** I have created a contribution form for you to use in the beginning of her term as your Area Treasurer. **PLEASE INSURE THAT ALL OF YOUR TREASURERS HAVE THESE FORMS BEFORE JANUARY.** Using the correct form will help in the transition and in keeping your groups' contributions current.

Thank you for your support and encouragement as my term comes to an end.  
May you feel the love of this program, one day at a time.

Love in service,  
Helen Brewington

Thank you to the groups contributing this period

Group Name	Dist	Group ID
Monday AM AFG	10	3493
Monday Night Fourth Step AFG	10	305959928
Sat. Morning Serenity Seekers AFG	10	25455
Beginners AFG	11	3703
District 11	11	
Sunday Night Steppers AFG	11	40272
Tuesday Night Serenity Seekers AFG	11	3701
Al-Anon Parent Group Savoy AFG	12	503901
Champaign Thursday Morning AFG	12	30512054
Monday Morning AFG	12	24161
Weds Night/ Hope for Today	12	66486
Progress not Perfection AFG	14	30600976
New Hope AFG	15	30640141
District 16	16	
Mt. Vernon Weds. Night AFG	16	50819
AFG District 18	18	

Group Name	Dist.	Group ID
Bethalto Wed. Morning AFG	18	3491
Edwardsville Fundamentals of Recovery AFG	18	30584718
Highland Friday Night AFG	18	25607
Monday Morning Open Door AFG	18	3812
Monday Night Elm Street AFG	18	3451
The Monday Night Serenity AFG	18	26501
Thursday Night Edwardsville AFG	18	30528380
Troy Joy AFG	18	63747
Wed. Night Hopeful Serenity Seekers AFG	18	34856
Fri. Night Experiences Strength & Hope AFG	19	30564695
H.O.W. AFG	19	4104
Spfld Thur Nite Progress Not Perfection AFG	19	30633415
Wednesday Noon Happiness Is AFG	19	4811
A New Beginning AFG	20	4023
Friday Morning AFG	20	30790
Wednesday Morning Glories AFG	20	4022

### SOUTHERN ILLINOIS AREA CONTRIBUTION FORM for 2016

Group Name \_\_\_\_\_ Group ID \_\_\_\_\_

Contact Person \_\_\_\_\_

Street Address \_\_\_\_\_ District # \_\_\_\_\_

City and State \_\_\_\_\_

Zip \_\_\_\_\_ Check # \_\_\_\_\_

Phone Number \_\_\_\_\_  
(If applicable)

**Please make check payable to:  
SIAFG**

Send to: **Helen Brewington  
264 N State Hwy 32  
Cerro Gordo, IL 61818**

(217) 519-3978

## SOUTHERN ILLINOIS AREA CONTRIBUTION FORM for 2017

Group Name \_\_\_\_\_ Group ID \_\_\_\_\_

Contact Person \_\_\_\_\_

Street Address \_\_\_\_\_ District # \_\_\_\_\_

City and State \_\_\_\_\_

Zip \_\_\_\_\_ Check # \_\_\_\_\_

Phone Number \_\_\_\_\_  
(If applicable)

**Please make check payable to:**  
**SIAFG**

Send to: **Carol Wielgus**  
**1000Bethel Mine Rd.**  
**Caseyville, IL 62232**

618-304-4672



### **Coordinator Reports:**

#### **Alateen Coordinator: Becky Ropp**

Area 16 Alateen Report

July 2016

For July 1, 2016 we had 21 AMIAS (Al-Anon Member Involved in Alateen Service) recertify. In this process we had 10 decide not to recertify and 1 group inactivate. In total we have 25 active AMIAS and 5 active Alateen groups in the Southern Region Area 16.

We have had a renewed interest in District 18 (Edwardsville area) with 18 AMIAS certifying and a fantastic District enthusiasm for starting Alateen. Not all those AMIAS decided to recertify but they are working VERY hard to get a healthy program started.

District 20 (Peoria area) and District 14 (Pinckneyville area) has historically and continues to have fantastic support for their Alateen program with consistently recertified AMIAS and a great procedure for their meetings.

One item of business I'd like to continue to bring up is the requests I get for starting an Alateen group in schools. The Alateen groups seem to be dwindling. Some pockets are still very strong but in total many groups seem to be dwindling.

One item that has come up quite a bit (3 specific requests directly to me in the last 6 months) is to start Alateen groups in schools. My response is as long as the group is formed under the specific Alateen guidelines we can certainly support that. The challenge we get into is only certified AMIAS can be in an Alateen meeting and schools require a school representative to be in a school sponsored activity. I've had

one request that is a possibility because the request was from a teacher who has a strong Alanon program but there are many hurdles to overcome. It is possible but difficult.

**Archives Coordinator: Fern T**

**Southern Area Archives Coordinator Report**

Upon finding many duplicate copies of the Forum in the Southern Area archives and asking for suggestions about what to do with them, someone suggested contacting Tim E, from District 18 as he might be interested in the collection. Also, due to a suggestion of contacting the WSO, I received guidance directly from Joe, in WSO Archives. Area Archives file only the articles that are written by a member of our Southern Area. Those specific pages are retained. Therefore the Forum books do not have to be stored. Joe mentioned that someone in a district might be interested in collecting them. When I contacted Tim E. about the duplicate Forum in the Southern Area Archives, he was interested in collecting them and had said he had a perfect place to store them. Even though we have concern about the "What to keep and what to build on" list, WSO and National have problems too. Joe said it is the biggest problem. So, I thank you for all your suggestions and help to make our Area Archives a progress, not perfection project, taking one project at a time.

Material was given to Fern from Paralea R. and Helen B. to file on the Archives. Thank you both very much.

As a reminder, material to be filed in the Archives should be only articles and activities pertaining to our Southern Area. If there are any questions, please refer to the Al-Anon Guidelines, Area Archives, G30. Also, I will try to answer questions and help in any way I can.

If you have questions, please call:  
Cell 618-571-1772  
Home 618-357-8084

Thank you,  
Fern T.  
Southern Area Archives Coordinator



**District Reports**

**District 14**

Group Rep Report for Pinckneyville

We as a group appreciate the past Delegates' Reports and News of their sharing ideas about the word "Crosstalk." Because of the sharing, we have a message we read at our meetings about how everyone can learn from one another through a "loving interchange."

**District 20**

An Ad Hoc committee has been meeting since last fall and developed a document that describes each office and coordinator position and responsibilities. It was presented at the June District meeting and will be voted on for acceptance at the October meeting.

District elections will be held in October. The fellowship committee is organizing three fellowship events with emphasis on fellowship and opportunities to serve. A Weiner Roast was held in June. A pot luck is planned for July with the History of Al-Anon including local information being presented with AA participation. A third event will be held before the District Election



\*\*\*\*\* **Announcements:**

**2016 IL State AFG Convention and Hotel registration information:**

**Please note that the Convention Banquet is SOLD OUT. However, there are still plenty of tickets for the Convention. If you register for the Convention you can still be present for the speaker after the banquet and all other events during the convention!**

**An additional bloc of 20 rooms** for both Friday (10/28) and Saturday (10/29) is available for booking. Rooms are 'suite rooms' and include breakfast & evening snack. Because we are within 90 days of the convention, I could not secure the \$109 price per night. However, I was able to secure \$139 per night, which is way less than the \$209 per night standard rate. **\*\*\*Please call the hotel directly: 309-427-2400**

**These rooms will be available at this price until October 7th** – so call today and get one booked! Please mention that you are attending the **2016 Illinois State AFG Convention** at the time you book your room to get the special rate.

**Here is a Convention Registration Form** for your convenience.

<b>Convention Registration form:</b> <u>One registration form per person.</u>		<u>All attendees must register.</u>	
Name _____	Circle one:	Al-Anon	AA
Address _____ _____	Convention only	\$25. (before Oct. 7)	\$30. (after Oct. 7)
	<b>The Banquet is SOLD OUT</b>		
Email _____	Alateen	Free*	
Phone _____			
Dietary or other special needs _____			
Yes!    Circle Yes! If you would like to volunteer.			
In keeping with our spiritual Legacies, each member is responsible for their own well-being and that of their dependents, and shall not hold SIAFG, Inc. or its agents liable for any personal injury or loss of property during this event. (Make checks payable to District 14) Mail checks and completed form to: 2106 IL State AFG Convention P O Box 142 Hillsboro, IL 62049-0142		*All Alateen members must include a signed/notarized Convention Parental Permission/Medical Care Form with mail-in registration or bring the completed form to the convention for walk-in registration Forms available <a href="http://ilstateafgconv.org">ilstateafgconv.org</a>	

**\*\*\*See the Convention Schedule of events below**

## 2016 Illinois State AFG Convention Schedule

### Al-Anon

#### Friday October 28<sup>th</sup>

6pm-6:45	Activity: Photo booth	Lobby
<b>7pm</b>	<b>Featured Speaker Kathy H.</b>	<b>River ABCD</b>
8:30pm-9:30	Trivia	River AB
10pm	Pajama meeting: Gifts of Al-Anon	River C

#### Saturday October 29<sup>th</sup>

<b>8am</b>	<b>Featured Speaker Panel</b>	<b>River ABCD</b>
9am-9:30	Photo booth	Lobby
9:30am	LGBT Panel	River AB
	The Family Disease: Keeping the Secret	River C
	The Masks We Wear	River D
9:30am-10:45	Activity: Coloring	Lydia B
10:30-11	Activity: Photo Booth	Lobby
<b>11:00am</b>	<b>Featured AA Speaker Rich S.</b>	<b>River ABCD</b>
12pm-2:30	Activity: Adult Coloring	Lydia B
12:30-1pm	Activity: Photo Booth	Lobby
1:30pm	Alateen Speaker Panel	River AB
	Step 1	River C
	Parents & Grandparents of Alcoholics	River D
1:30pm-2:30	Activity: Hand massage	Lydia B
2:30-3pm	Activity: Photo Booth	Lobby
2:45	Al-Anon/AA Speaker Panel	River AB
	Tools of Self-Care	River C
	Intimacy	River D
3pm	Activity: Life Journaling	Lydia B
	Activity: Zentangle (Al-Anon)	Cole
4pm	Living with Sobriety	River AB
	Step 2	River C
	Activity: Life Journaling	Lydia B
4pm	Basket Raffle drawing. Winning numbers will be poted	
5pm-5:30	Activity: Photo Booth	Lobby
6pm	Banquet	River ABCD
6:15-7pm	Live Music with Patrick J.	River ABCD
<b>7pm</b>	<b>Featured Speaker Pauline W.</b>	<b>River ABCD</b>
8:30pm-9:30	Serenity Bingo	River AB
9pm	Spirituality, Meditation, & Prayer	River C
<i>Sunday October 30<sup>th</sup></i>		
9:30am	Skit	River ABCD
<b>10am</b>	<b>Featured Speaker Jim P.</b>	<b>River ABCD</b>

### Alateen

#### Saturday October 29<sup>th</sup>

8:30-9:45	Alateen meeting	Cole
10am	Activity: Zentangle (Alateen)	Cole
11:15-12pm	Photo Booth	Lobby



12pm	Lunch meeting	Cole
1:30pm	Skit and speaker panel	River ABCD
3pm	Activity: Life Journaling	Lydia B
4pm	Swimming	Pool
5pm-6:30	Pizza party	Cole
7pm	Featured Speaker Pauline W.	River ABCD
8:30pm	Serenity Binger	River ABCD

## AA

### Friday October 28<sup>th</sup>

5pm	Step 11 Meditation	River D
8:30pm	Steps 4-5	River D

### Saturday October 29<sup>th</sup>

7am	Step 11 Meditation	Shertz
9:30	Steps 6-7	Shertz
<b>11am</b>	<b>Featured Speaker Rich S.</b>	<b>River ABCD</b>
1:30pm	Steps 8-9	Shertz
2:45pm	AI-Anon/AA panel	River AB
4pm	Step 10	Shertz
8:30pm	Discussion	Shertz

### Sunday October 30<sup>th</sup>

8am	Step 11 Meditation	River D
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## Hospitality (in Lydia A)

**Friday** ....open 4-7PM  
 ....closed 7-8 PM(speaker)  
 ....open 8-11PM

**Saturday**...open 8-11AM  
 ...closed 11AM-12PM (speaker)  
 ...open 12-6PM)  
 ....closed 6-9:30PM (banquet)

**Sunday**...open 8-10AM

## Registration (lobby of convention center)

**Friday** 3pm-6:30pm  
**Saturday** 8-10am & 2pm-5:30pm

**Raffles** Quilt and basket raffles in Fon du Lac off convention lobby

See **Basket Raffle** flyer below



# BASKET RAFFLE DONATIONS NEEDED

***UNMASKING OUR  
TRUE SELVES!***



**What:** Items for Al-Anon/Alateen  
Convention Basket Raffle

**When:** Need delivered by **early** am  
Saturday, October 29

**Where:** Convention Center, Embassy  
Suites Peoria, IL

**Time:** Drawing to be held at 4 pm on  
Saturday. Winning numbers will  
be posted.

**Other:** All baskets must contain one  
piece of Al-Anon/Alateen  
Literature.

Pick a **theme** for your basket,  
such as: Spa/relaxation, Pets,  
Game night, Al-Anon literature,  
Cooking, Chocolate lovers,  
Sports, Tea/Coffee, Halloween