

#### News-O-Gram--Winter 2010 (SIAFG) Southern Illinois Al-Anon Family Groups Hope and Help for Families of Alcoholics



Find a computer buddy and get a free copy of the News-O-Gram for your group or Al-Anon friend who does not have access to it online. The News-O-Gram is now online at our website <a href="www.siafg.org">www.siafg.org</a> and available <a href="mailto:FREE">FREE</a> to <a href="mailto:all members">all members</a> by email. Just send your email address to: <a href="mailto:ritamcox@att.net">ritamcox@att.net</a>. Getting your News-O-Gram via internet will be a very significant savings to the fellowship.

# Area Assembly & Area World Service Committee Meeting March 6 & 7, 2010

St. John's Hospital in Springfield

(All meetings and events in Room R & S in the Carol Jo Vecchie Center)

Saturday, Mar. 6th--1:00PM Area World Service Committee Meeting Sunday, Mar.7th--9:00 AM

Area Assembly

Registration begins @ 8:00 AM

Directions to St. John's Hospital: I-55 to Clearlake Ave exit (98B). Stay on Clearlake heading west; turn right onto 9<sup>th</sup> Street (heading north). Turn left in between buildings at large RED sign "EMERGENCY, CHEST PAIN CENTER". Parking garage on your right. Carol Jo Vecchie Center is straight across from parking garage. Lodging: **Exit 94**: Hampton I217 -793-7670; Pear Tree Inn 217-529-9100 **Exit 96B**: Red Roof Inn 217-753-4302 **Exit 98B**: Best Western 217-525-7420 and many more via internet – Springfield lodging. Any questions: Contact Betsy

@ 217-898-7670 or <u>betsy.crang@osfhelathcare.org</u>

#### Delegate's Report—Marcy M Panel 48

"Celebrate! Embrace the group conscience to expand our circle of hope" Now that the "OLD YEAR IS GONE" winter has set in, and our new year begins, I wish you all a happy, successful and safe New Year.

The year of "HOPE". As I read the *Thought for the Day,* page 366 from <u>Hope for Today,</u> "When I count my blessings, I remember to count Al-Anon's gift of hope".

The theme for our 2010 Convention is Gifts of Hope. The theme of the Fiftieth World Service Conference, includes Circle of Hope. When I got busy, I got better. It is my hope that we can open up the wonderful world of service, to reach out to the members who do not attend our Area Assembly and maybe they will want to get involved in service work, so that Al-Alnon will continue for many more years.

The 2010 theme is: "Celebrate—Embrace the Group Conscience to Expand Our Circle of Hope." The theme is based on the 50<sup>th</sup> Anniversary of the World Conference. I can't believe this will be my last conference, so I'm asking again for "Love Gifts" to take with me. It's a great feeling sharing your gifts with all the other delegates and bringing some back to you all. Just when you get to feeling comfortable your time is over. I am working on my 3 minute talk and it can't be any longer than 3 minutes, based on the Conference theme and is due in February. I will be attending the North Central Regional Delegates meeting March 26-27, 2010 in Chicago, IL. So keep me in your thoughts and prayer.

I just want to go over the <u>Excess Bequests</u>
<u>Procedure</u> again, so we all understand a little better how it works. The WSO may accept a one-time bequest from

an Al-Anon member in any amount, provided its use is not restricted by the donor. Bequests amounts, up to ten percent of the total revenue of the WSO General Fund as identified in the previous year's audit, will be placed in the General Fund. Members may give more than ten percent: however, the portion of the beguest above ten percent will be reported separately on the financial statements. The World Service Conference will authorize the use of these excess amounts and the authorized expenditures will be administered by the Board of Trustees. These excess amounts are not available for general purposes, unless further authorized by the Conference. Each excess beguest, as defined in Motion 9 of the 2008 World Service Conference, is to be sent within 5 years of receipt. Should the excess beguest funds exceed the cost of the project submitted, the Conference has the ultimate authority to extend the timeline or to modify the procedure. This is the procedure that will be used:

- Conference members will be reminded to encourage their Area to identify projects in the event that the excess bequests funds become available by WSO.
- September 30—Conference members will be notified of the amount of money in the excess bequest funds to date and will be asked to submit ideas for projects using the amount of funds available as a guideline.
- November 30—The deadline for projects to be submitted.
- Prior to January Board—The Finance
   Committee will research the costs associated with the proposed projects.



- January—The Finance Committee's findings will be presented at the Finance Committee and Board meeting.
- February—The findings and priorities will be sent to all Conference members.
- April—The Conference members will accept or adjust the prioritized projects at the World Service Conference.

This is not to replace our contribution to World Service and it may never occur, but this is just getting prepared in case it does occur. So discuss this at your District meetings, so all groups can be involved.

### Just an update on the new event—"TEAM" (Together Empowering Al-Anon Members)

We have been asked if our area could consider joining Ohio and maybe a few other Areas as a TEAM effort and request for 2011. This will most likely be discussed at the Regional Delegates Meeting in March. Just wanted to get your input on this.

Since I was on the E-CAL Committee and it has been disbanded, I have been put on the Public Outreach Committee. I have been on one conference call in August and another with other members and the World Service Office.

Best Wishes, Marcy Myers, Panel 48 IS

#### RAFFLE QUILT SQUARES

The first quilt square for the 2010 Convention Raffle Quilt has arrived! It came from Hudson, IL on New Year's Eve. You will soon see it on the SIAFG website (<a href="https://www.siafg.org">www.siafg.org</a>) under 2010 IL State Convention Info.

Be the next to finish your quilt square and send it in! The second and third squares to arrive will also be shown on the website. So keep an eye out to see the others as they come in.

If you would like to make a square for the quilt but have not received a packet with the muslin material we are using this year, please e-mail me at <a href="RLA1247@AOL.COM">RLA1247@AOL.COM</a> and I will get one in the mail to you immediately. There is still plenty of time to make a square for this year's quilt. The theme is Gifts of Hope.

Remember the deadline is June 1st so keep working on them and send them in as soon as possible. All squares will be used in the quilt or made into tote bags.

Thank you so much for being a part of this wonderful project! We could not do it without all your help. Ruthanne - Raffle Chairperson

#### Convention Liaison/Jan T

The 2010 IL State AFG Convention will be held at the President Abraham Lincoln Hotel in Springfield October 8<sup>th</sup>–10<sup>th</sup>. Find flier at the end of this News-O-Gram.

Through communication with SIAFG & NIAFG delegates, Jan has begun formation of Convention Guidelines Committee (CGC). This committee will consist of convention liaison from SIAFG & NIAFG; 2007, 2008, 2009, & 2010 AFG convention chairpersons; past & current SIAFG & NIAFG delegates; and any others as suggested by delegates. (This committee will

review current guidelines and submit suggested guideline updates for discussion and acceptance or rejection at the 2009 CRC meeting in December 2009).

The 2013 Al-Anon International Convention will be held in Vancouver, BC July 5<sup>th</sup>-7<sup>th</sup>. Libby (NIAFG Delegate) is working on planning an Alaskan Cruise around this time, more information as it becomes available.

Visit SIAFG website to view a list of upcoming events (some of which have fliers that can be printed for distribution) at www.siafg.org

Have received information on AA conferences & conventions. (Check Events at the end of this issue.)



#### Treasurer / Rowena A

I am finishing my second year as your Treasurer, and it has been a real pleasure to be of service to the group. I want to again thank all of you for your support this past year Thank you all for your donations. I think we have finished this year in pretty good shape. We raised the 2010 budget in some areas, so we are going to need to be very vigilant in the coming year. Thank you again.

**Groups Contributing Since Last Report** 

Groups Contributing Since Last Report				
11	003707	Friday Night KISS		
10A	35525	Thursday AMAFG		
10A	0004022	Wednesday Morning Glories		
10A	0004020	Monday Hilltop Al-Anon		
10A	24161	Monday Morning Al-Anon Group		
10B	61535	Friday Nite Happy Hour Group		
10B	25455	Serenity Seekers		
12	003708	Friday Night KISS		
12	3507	TGIF Bondville		
12	4088	New Lease on Life (Savoy)		
12	00503901	Savoy Parents of Alcoholics		
13	003709	Friday Night KISS		
14		Powerless Rangers		
17		District 17		
17	060530	Anna New Beginnings AFG		
18		District 18		
18	25607	Highland Friday Night Al-Anon		
18	0003451	Monday Nite Elm St		
18	26501	Monday Night Serenity Group		
18	0003810	Granite City Tuesday Night "Hope" Group		
18		District 18		
18	3811	New Life Al-Anon Granite City		
18	3491	Bethalto Wed. Morning		
18	3812	Monday Morning open Door		
18	30511851	Harrisburg AFG		
19	42664	Wednesday Butterfly Al-Anon		

#### Chairperson/Betsy C

I hope everyone had a great holiday! Now it's time to get back to business. Don't forget to complete any assignments you have for you Action Committee. Please send your district reports to Rita.

In April, Marcy is going to her last World Service Conference so remember to bring your Love Gifts to Assembly in March.

Remember the 2010 SIAFG Convention in coming up. Mark your calendar and complete your quilt squares and raffle baskets.

#### Answer the following questions?

If you answer these 5 questions and bring it to Assembly your name will be put in a drawing for a prize!
Have you ever been to Assembly? If not, why not?
What is your favorite part of Assembly?
What is your least favorite part of Assembly?
Do you encourage Assembly attendance at your Group or District members?

Do you have any ideas we could add that would entice members to attend Assembly?

#### News-O-Gram Coordinator/Rita

My goal for this final year of service as New-O-Gram editor is to organize information as it comes to me from area officers, coordinators, districts representative and groups; and to get that information to the fellowship of Area 16. I will continue to work toward total email delivery. Many have sent me their email addresses to cut costs of printing and mailing. I continue to ask for email addresses, and to encourage you to find a member in your group to be your "email buddy" to get this information to you and your group using his/her email address if you do not have access to the internet.

#### **Group Records Secretary/Cathy S**

Happy New Year To All!!

It doesn't seem possible that I am starting my 3<sup>rd</sup> year as your Group Records Secretary!
My goal when I accepted this position was to provide the best possible information to all of you in the most expedient way. I haven't accomplished my goal yet, but, continue, One Day At A Time, to make changes in my reports to make them easier to read and more accessible to all!! I truly appreciate all of you who communicate with either myself, Rita or Sara in getting us your District and Group information (changes and corrections). Please keep it up and pass the word on to others. The better the information I have, the easier it will be for those that need us to find us.

On another note, please encourage all those you talk to, at the Area, District and Group levels, to join us at the next Area Assembly in March. If you've been with us in the past, you'll know that, yes, we have lots of information for you, and, yes, Area is where you can voice your concerns about your Area, District or Group and receive help as well as share ideas brought from your District and Groups. But just as importantly, we have fellowship and fun!!!! Area Assembly is another tool I use to continue my recovery in the Al-Anon program - and you can, too!! Join us!! I look forward to seeing you in March.

Ways and Means Coordinator/Cindy S

The 2010 Fund Raiser is ink pens with an orange highlighter at the end. They can be bought at the March meeting for \$2.00. These pens can also be purchased with the cost of postage. Contact me at <a href="https://www.ninny3366@comcast.net">www.ninny3366@comcast.net</a> or

call me . You can also support the Area Assembly and buy coins, bracelets, lapel pins, bookmarks and bumper stickers.

#### Forum/Literature Coordinator/Mary S

Sara R. will be creating a Literature/Forum link at siafg.org web page. Workshops, skits, and sharing page guidelines will be available to everyone. When e-mails have been updated I'll create a list to notify District Representatives of new posting. Suggestions: those without access to a computer find an e-mail buddy in your group to check and print things you are interested in.

**Forum** – In September subscriptions had increased by a little over 1,000 since July! This is only a beginning; we must continue to support the Forum by buying subscriptions. One idea is to give subscriptions for holiday and birthday gifts. Another way to support the Forum is by sharing your recovery with the Forum.

#### Literature –

Topics from the September 30<sup>th</sup> Conference Call:

- WSO is encouraging the use of As We
   <u>Understood (B11)</u> which is celebrating its 25<sup>th</sup> anniversary in July. I have copies of the new workshop with two parts on the table.
- WSO staff addressed <u>obtaining reprint permission from CAL</u>. "In accordance with our *Al-Anon/Alateen Service Manual*, we can only grant permission for "limited excerpts" usually a couple of sentences to a paragraph. The "Request for Permission to Reprint" form, found on the Member's Web site, <u>www.al-anon.org/members</u> is used to make such a request. As the *Manual* states on page 96, "Permission to reprint extensively from our publications is not granted in the United States and Canada to any individuals, within or outside of our membership, or to any outside agency."

The **one exception** to this is that members may copy Conference Approved Literature (and *The Forum*) for use in Al-Anon/Alateen meetings or workshops **without** permission, provided it is for a one-time use (such as for a meeting topic), the photocopy is limited to what can be reasonably discussed within one meeting, and the material is not for sale or being distributed beyond the group. We do ask that you include the following credit line, "From

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Further information, including a series of frequently asked questions, is available in the "Publications" section of the Members' site under "Copyright/reprint".

From "Summary of Literature Coordinator Conference Call Report, September 30, 2009"

 There is a <u>need for new skits and workshops</u> and WSO is encouraging members to use their creativity in developing new skits and workshops. These workshops would be made available to Area Literature Coordinators to be distributed to all members.

- Ideas for encouraging the use of literature in financially tight times. The group can create a lending library. Inexpensive copies can be found at used book stores, garage sales, and/or donated by a member. Districts, groups, or members can purchase books and donate them to public libraries. A group can have a can or jar for loose change and when there is enough money, buy a book or *Forum* subscription to be raffled off at your meeting.
- Suggested Literature Projects Have a
   "Traveling Book Fair" with someone sharing
   about pieces of literature that members are less
   accustom to using. Use pamphlets as a meeting
   topic. Share a quote and ask the group to guess
   what pamphlet was used. Use one meeting a
   month to study a piece of literature; book,
   pamphlet, Forum. (Remember the
   password for the members' site is the name of
   your group followed by "afg".)

#### AAPP - ad-hoc committee

Members: Cathy B., Rita C., Brenda F., and Lyri M.
On September 28th, Cathy B. attended a World
Service Office conference call with other AAPPs (Area
Alateen Process Person/Cathy B) from a large variety of
other areas to talk about their processes.

Since the January 2003 implementation of the Safety & Behavioral Guidelines, which has become our Area's process in becoming Al-Anon members involved in Alateen service. Our Area's commitment to WSO contain two elements: 1) WSO requires our Area meet the minimum guideline requirements to protect our teens from harm and to protect ourselves from legal consequences if something bad happens; and 2) WSO verifies that our Area follow our established guidelines by having the supporting documentation to prove it. In doing so, WSO gives full autonomy to each Area as to how we create this process as long as we meet their recommended minimum guideline requirements. We did this as a group the fall of 2002, but have not had the opportunity to go back and revisit our processes since its implementation in January 2003.

There are three elements to this process: the initial certification process, the recertification process, and the Alateen group registration. The AAPP (Alateen Area Process Person) is the liaison between Area and WSO, Districts and their groups, and the groups and Al-Anon

members involved in Alateen service. The AAPP is responsible for maintaining the records, and to have back up documentation when asked to verify annual recertification.

The committee has been reviewing our current sponsorship guidelines and forms. We have dissected them, and compared them to the guidelines / recommendations from WSO. We have identified many

needed changes. These changes should eliminate confusion, clarify the details, and simplify the process of becoming certified, along with clarifying so far, and will send to the committee members for further review. the recertification process. We also learned about a sponsorship workbook, possibly available through WSO to be used in training candidates. Cathy B. will research this and report back to the committee. Lyri M. will put together a rough draft of all the changes we've made.

Our goal is to make a final recommendation to Area for <u>vote</u> at the March 2010 Assembly meeting. If approved at Area, Cathy B. will submit our new guidelines to WSO for their approval. Once WSO approves, then we can implement the new / revised safety & behavioral guidelines and forms to become a certified Al-Anon member Involved in Alateen Service.



#### **Action Committees Reports**

#### Public Outreach Committee Report/Cindy P Chairperson

Goals:

- To plan and carry out our primary purpose through outreach to the public and professional community.
- To help reach the goal that every person will know that Al-Anon and Alateen are the best source of help for families and friends of alcoholics.
- To make getting in touch with Al-Anon and Alateen easier throughout the Southern Illinois area.

Hope everyone had happy and safe Holiday. The end of the year and beginning of the New Year has a lot of memories of the past and dreams of what is in store for the future. 2010 hopefully will be a big year for those committed to a recovery program.

I hope some of the fellowship got to see the PSA (Public Service Announcement) on Daytime TV on December 29<sup>th</sup>, 2009. General Hospital was very cooperative with the World Service Office in preparation for the December 29 story line. They altered their original script for an Al-Anon public announcement that they planned to integrate into the program. They agreed to put the appropriate focus on Al-Anon's help for families and friends who have been affected by a loved one's drinking. I only got to view part of the show but the focus was an adolescent drinking and at the end the broadcast the PSA announcement. A big thank you to the producers of General Hospital.

I hope many of you are using the Al-Anon/Alateen web site. There is a lot of great information on the site. I want to share a website with an Al-Anon PSA. please go to

http://abcnews.go.com/video/playerindex?id=9489284. This is a wonderful PSA for Al-Anon.The enclosed link is from ABC



news, showing a clip that originally appeared on January 6, 2010 as part of the program, "Good Morning America." If the message does not begin right away, click on the caption, "What Killed Casey Johnson?"This alone is showing me that 2010 is going to be a great year for Public Service Announcements. Thank you to all of those that help spread the message that there is help for the family and friends of an alcoholic.

# Fellowship/Communication Committee Report/Cindy S Chairperson

Many avenues of public outreach were discussed that different groups had used, explored, or heard about. These included flyers in public places, running ads in newspaper, leaving "Al-Anon Faces Alcoholism" in MD offices, with church clergy and so forth. Also groups are able to purchase a public service announcement from Al-Anon and use on public television for free. The group that uses this form seemed very positive about the number of people they were reaching and like the professionalism of the tape. Tradition 11 was also visited, "attraction vs. promotion" and how that was to be interpreted. Many in the group felt that it was important to get the word out of what Al-Anon is and when and where the meetings are.

# Group Services Committee Report/ Lyri M. Chairperson

November 8, 2009 Minutes. Attending: Betsy, Alberta, Cathy S. Bonnie, Rowena, Marcy, Juanita, Tammy. Minutes were reviewed.

Discussion on reaching out to Group Representatives (GR). How can we reach more GR'S and help our Group records update?

Per discussion of our last meeting in July, we have a coin for each GR today.

Items in the new packet was reviewed.

Instead of having a workshop to make "Love gifts" for the Delegate, have the districts make an appeal to each group and bring them to the March Assembly.

Discussed the need to get the information to all Group Representatives and District Representative. Send out e-mail "SAVE THIS DATE" reminding that Area Assembly is coming up.

Discussed if we should have a workshop on "How to attract members to attend the Area Assembly"

Some of the ideas we came up with:

Does your district have meetings? Have you ever heard of Assembly?

What do you like about the Assembly?

What keeps you coming back to the Assembly?

How could we encourage your attendance at Assembly?

Things to think about for the March Assembly:
Discuss putting new packet on website
Why is a group conscious recommended?
Members of our group should write and bring to our next action meeting, "How does the Assembly help in your recovery?"

#### <u>District Reports</u> **District 10A/MaryS**

District 10A had a Garage Sale on October 3<sup>rd</sup> to support the answering service, raising over \$400. Another garage sale is scheduled for April and May. I would like to thank the following for agreeing to do service for District 10A: Mary K. for standing to serve as Thursday Night Hilltop's contact person, Betsy C. for delivering District 10A's baskets to the Al-Anon Convention, Cathy K. for standing for the service position as District 10A's Alateen Coordinator, and District 10A for providing the funds to host the Southern Illinois Area Assembly in November.

#### District 12/Cathy B

The district has a new website: district12afg.org, hosted by namecheap.com. Fees are \$19.38 for 2 years to host the web address and \$69.00 for 2 years to store files needed for the website. Currently working with AA

district to have a direct link on their website to our site for Al-Anon information. This will help keep information up to date and accurate.

We now have ads in the local phone book listing our district's telecourier phone number in the yellow pages, in the Community Service (self-help) Section, and in the business pages under Al-Anon. Cost only \$20.00/month.

Our funds are low and we live month to month on about \$135/month. Between the telecourier and website, we spend about \$100/monthly, so not much left over for public outreach projects. We will be talking about this again at our next meeting.

We have a new Al-Anon group in Watseka. It meets at 8:00PM on Thursdays at Calvery Lutheran Church. We now have 18 Al-Anon Groups and 1 Alateen group in our district.

Next District meeting is Feb 19<sup>th</sup> in Charleston at the First Presbyterian Church at 6:30PM. If inclement weather, the make up date is Feb. 26<sup>th</sup> (same time and place).

#### District 14/Lyri M

Membership has been strong at most meetings in Belleville and O'Fallon. Karen D. is new GR (Group Representative) for 623 Club meetings. However we are planning to discuss under supported meetings and the importance of adherence to the Traditions to keep our meetings strong at the next District Meeting on Thursday Nov. 19<sup>th</sup> at 8:00PM following the Powerless Ranger 7pm . We will also be soliciting support for starting an Alateen meeting in District 14.

#### **Bring your "Love Gifts" to March Assembly**

WRITE TO YOUR DELEGATE AT CONFERENCE. Address for sending mail/notes to our Delegate while at the World Service Conference:

Marcy Myers (Hold for WSC 4/11-4/15, 2010) Wyndham Virginia Beach Oceanfront 5700 Atlantic Avenue Virginia Beach, Virginia 23451 Please use her home address as the return address just in case the mail does not get to her in time. Marcy Myers - 2605 Columbia Lakes Dr. Apt 2-C Columbia, Illinois 62236

Al-Anon Sponsorship Workshop Hosted by District 11 May 15, 2010 9:00am-3:30pm First Church of the Nazarene 1177 W. Hickory Point Rd Decatur, IL 62526

Cost: \$10 or \$15, lunch providedCome and enjoy a day of fellowhip and learning. Sponsorship is a very important tool in the Al-Anon Family Groups. Learn all about sponsoring through our twelve steps. Speakers, panel discussions, breat-out meetings and much, much more!

A light breakfast will be available to all guest as well as water, coffee, & tea. Lunch will be provided to all attendees along with love, kindness, courage, and hope.

Questions? Jackie L. (217) 521-1482

Send registration and money to: Betsy Crang, PO Box 164, Kenney IL 61749.

#### "Although a separate entity, we should always cooperate with Alcoholics Anonymous."

- 2010 Southern Illinois Area 21 Spring Conference will be held March 12<sup>th</sup>–14<sup>th</sup> at Springfield Hilton in Springfield, IL
- 2010 Illinois State Conference will be held August 20th 22nd at the Wyndham Lisle Chicago Hotel in Lisle, IL
- 2010 AA International is being held in San Antonio, TX.

Visit Southern Illinois AA's website at <a href="www.aa.sia.org">www.aa.sia.org</a> for more information

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## Gifts of Hope



# 36<sup>th</sup> Illinois State AFG Convention

# October 8-10, 2010 Columbus Day Weekend

# Springfield, IL

#### **Featured Events:**

#### **Friday**

4:00 PM Registration begins
7:00 PM Speaker Meeting: **Dylan W., Alateen** Belleville, IL **Ellen K., AA** Springfield, IL **Linda B., AFG** Springfield, IL

#### **Saturday**

1:00 PM Speaker Meeting: Burns B., AA Louisville, KY

6:30 PM Banquet Buffet 8:00 PM Speaker Meeting:

Ellie H., AFG Minneapolis, MN

#### Sunday

10:00 AM Spiritual Meeting: Judy K., AFG Reno, NV

#### **HOTEL INFORMATION:**

## President Abraham Lincoln Hotel & Conference Center

701 East Adams, Springfield, IL 62701 Phone: 866-788-1860

www.presidentabrahamlincolnhotel.com

Lincoln Museum, historic sites, and many restaurants all within walking distance

Mention "AFG Convention" for discount rate: \$80 plus tax per room (up to 4 people) Last day to register at discount price: 9/17/10 Adjacent parking \$7

#### **Registration hours:**

Friday 4:00 PM -10:00 PM, Saturday 7:00 AM - 8:00 PM

#### For more information contact:

Marcy M. (573) 979-2121 or Cathy B. (217) 377-0141

For information updates please visit our website at SIAFG.org

CONVENTION REGISTRATION FORM Please Print Clea	rly (One registration for	m per pel	rson)
YES, I WOULD LIKE TO VOLUNTEER!	REGISTRATION	$\square AFG$	$\square AA$
NAME:	Postmarked by 9/17/10	\$25.00	
ADDRESS:	After 9/17/10 & at the door	\$30.00	
CITY/STATE/ZIP:	ALATEEN*	\$10.00	
PHONE:	BANQUET BUFFET	\$34.00	
EMAIL (for online updates):	<b>IVEGETARIAN</b>		
SPECIAL REQUESTS:	TOTAL ENCLOSED	\$	5

\*Alateens must bring completed Convention Permission Slip available from Alateen Meetings or Sponsors

To sit together, register together • Banquet seating 8 per table • No refunds after 9/17/10

Mail checks & registration forms to: 2010 AFG Convention, P.O. Box 1743, Mt. Vernon, IL 62864